

Please fill out this biographical background form as completely as possible in order to help me in our work together. Information is confidential as outlined in the Office Policy form and the HIPAA Notice of Privacy Practices. If you do not desire to answer any question, merely write, "Do not care to answer." Please print or write clearly and bring it with you to the next session if you do not complete it today while waiting for your child.

Information supplied by: _____

Relationship: _____ Today's Date: _____

PLEASE PRINT:

1) Client's Name: _____ 2] Age: _____
3] Date of Birth: _____ 4] Gender: _____ 5] Height: _____
6] Weight: _____ 7] Eye Color: _____ 8] Hair Color: _____ 9] Race: _____

10] Address: _____
City: _____ State: _____ Zip: _____
11] Home phone: _____ Cell phone: _____
12] School: _____ Year: _____

13) Has the child been involved in previous counseling? If yes, please describe:

14) Why is the child coming to counseling?

15) How long has this problem persisted (from # 14)?

16) Under what conditions do the problems usually get worse?

17) Under what conditions are the problems usually improved?

18] Reasons for seeking therapy:

Reason:	Yes or No	Reason:	Yes or No
Reactive Attachment Disorder	_____	Attachment Ruptures	_____
Developmental Trauma	_____	Medical Trauma	_____
Single Incident Trauma	_____	Shock Trauma	_____

Parenting Issues _____	Sleep Disturbance _____
Post Traumatic Stress Disorder _____	ADD/ADHD _____
Mother / Child Attachment _____	Depression/Mood Disorders _____
Personality Disorders _____	Anxiety _____
Fear / Phobia _____	Nightmares/Night Terrors _____
School Issues _____	Addictive Behaviors _____
Oppositional Defiant _____	Other: _____

Medical History

1) Name and address of your primary physician:

Physician's name: _____
 Address: _____ City: _____ State: _____ Zip: _____
 Most recent physical exam: _____
 Results: _____

2) Dental: Most recent exam: _____
 Results: _____

3) Vision: Most recent exam: _____
 Results: _____

4) Hearing: Most recent exam: _____
 Results: _____

5) Current prescribed medications:

a) _____ Dose _____
 Purpose _____ Side effects _____
 b) _____ Dose _____
 Purpose _____ Side effects _____
 c) _____ Dose _____
 Purpose _____ Side effects _____

6) Current over-the-counter meds

a) _____ Dose _____
 Purpose _____ Side effects _____
 b) _____ Dose _____
 Purpose _____ Side effects _____
 c) _____ Dose _____
 Purpose _____ Side effects _____

7) Immunization record (check immunizations the child/adolescent has received) prior to school:

_____ DPT Polio: Age [s] received: _____

_____ Rubella: ___ 4 months ___ 6 months ___ 18 months ___ 4-5 years

_____ MMR (Measles, Mumps); age[:] received: _____

_____ HBPV (Hib): age received: _____

_____ HepB : age received: _____

8] List any major illnesses and/or operations your child has had:

9] List any physical concerns occurring at present: (e.g., high blood pressure, headaches, and dizziness):

10) List any physical concerns (e.g., head trauma, seizures) experienced in the past:

11) On average how many hours does the child sleep daily? _____

12] Does the child have trouble falling asleep at night? ___ Yes ___ No

If yes, how long has this been a problem? _____

13] Describe the child’s appetite (during the past week):

_____ Poor appetite _____ average appetite _____ large appetite

Medical History (check all that apply):

<input type="checkbox"/> Abortion	<input type="checkbox"/> Hay fever	<input type="checkbox"/> Pneumonia
<input type="checkbox"/> Asthma	<input type="checkbox"/> Heart trouble	<input type="checkbox"/> Polio
<input type="checkbox"/> Blackouts	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Pregnancy
<input type="checkbox"/> Bronchitis	<input type="checkbox"/> Hives	<input type="checkbox"/> Rheumatic Fever
<input type="checkbox"/> Cerebral Palsy	<input type="checkbox"/> Influenza	<input type="checkbox"/> Scarlet Fever
<input type="checkbox"/> Chicken Pox	<input type="checkbox"/> Lead poisoning	<input type="checkbox"/> Seizures
<input type="checkbox"/> congenital problems	<input type="checkbox"/> Measles	<input type="checkbox"/> severe colds
<input type="checkbox"/> Croup	<input type="checkbox"/> Meningitis	<input type="checkbox"/> severe head injury
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Miscarriage	<input type="checkbox"/> sexually transmitted disease

<input type="checkbox"/> Diphtheria	<input type="checkbox"/> Multiple sclerosis	<input type="checkbox"/> Thyroid disorders
<input type="checkbox"/> Dizziness	<input type="checkbox"/> Mumps	<input type="checkbox"/> Vision problems
<input type="checkbox"/> Ear infections	<input type="checkbox"/> Muscular Dystrophy	<input type="checkbox"/> Wearing glasses
<input type="checkbox"/> Eczema	<input type="checkbox"/> Nose bleeds	<input type="checkbox"/> Whooping cough
<input type="checkbox"/> Encephalitis	<input type="checkbox"/> other skin rashes	<input type="checkbox"/> Fevers
<input type="checkbox"/> Pleurisy	<input type="checkbox"/> Paralysis	<input type="checkbox"/> other

Chemical Use History

1) Does the child/adolescent use or have a problem with alcohol or drugs? Yes No
 If yes, describe:

Family History

1) With whom does the child live at this time? _____

2) Is the child adopted or raised with parents other than biological parents? Yes No

3) Are parents divorced or separated? _____

4) If parents separated or divorced, how old was the child then? _____

5) If divorced, who has legal custody?

- | | |
|---|---|
| <input type="checkbox"/> Single parent, mother unmarried | <input type="checkbox"/> Single parent, father unmarried |
| <input type="checkbox"/> Parents Married | <input type="checkbox"/> Parents Married but separated |
| <input type="checkbox"/> Parents Divorced | <input type="checkbox"/> Lives with mother and step- father |
| <input type="checkbox"/> Lives with father and step- mother | <input type="checkbox"/> Lives with relatives |
| <input type="checkbox"/> Adopted | <input type="checkbox"/> Foster care |

6) Is there any significant information about the parents' relationship or treatment toward the child, which might be beneficial in counseling? Yes No

If yes, describe:

7) What is the family relationship between the child and his/her custodial parents?

8) Is there a history of recent occurrence(s) of child abuse to this child? Yes No

If yes, which type(s) of abuse? Verbal Physical Sexual

Comments [regarding #8]:

Client's Parent 1

Name: _____ Age: _____

Occupation: _____ FT ___ PT

Where employed: _____ Work phone: _____

Parent 1 Education: _____

Is there anything notable, unusual or stressful about the child's relationship with Parent 1?

___ Yes ___ No If Yes, please explain:

How is the child disciplined by Parent 1?

For what reasons is the child disciplined by Parent 1?

Client's Parent 2

Name: _____ Age: _____

Occupation: _____ FT ___ PT

Where employed: _____ Work phone: _____

Parent 2 education: _____

Is there anything notable, unusual or stressful about the child's relationship with Parent

2? ___ Yes ___ No If Yes, please explain:

How is the child disciplined by Parent 2?

For what reasons is the child disciplined by Parent 2?

Client's Siblings and Others who live in the Household:

Names of Sibling Age Gender Bio/Adopt

1 _____

2 _____

3 _____

4 _____

5 _____

Briefly describe the child’s relationship with brothers and/or sisters:

Biological siblings:

Step/half siblings:

Adoptive siblings:

A DAY IN THE LIFE OF YOUR CHILD

Please write a description of a typical day in your child’s life. Please include the following information and anything else that you think might assist in the treatment your child:

- 1] Describe your child’s typical behaviors.
- 2] Describe how you would typically respond to these behaviors.
- 3] Describe the interaction between your child and siblings.
- 4] Which of your child’s behaviors bothers you the most?
- 5] Discuss your child’s positive attributes and interests.
- 6] Describe your child’s school behavior and your child’s response to authority.
- 7] Describe the community’s (teachers, neighbors, friends, family) reactions to your child’s behavior and to your parenting interventions.
- 8] Describe how your child relates to mother and father.

9] Describe what impact this child has had:

a] On your marriage:

b] On your family

c] On your lifestyle

d] On personal well being.

10] Which of your parenting techniques seems to be the most effective?

11] Which of your parenting techniques seems to be the most ineffective?

12] What have you tried?

13] Does anyone in your family feel physically threatened?

14] What are your worst fears?

15] What are your best hopes?

Current Family:

1] Describe your current marriage/relationship (include both strengths and weaknesses).

2] Give a brief description of any previous marriage(s).

3] Describe your parenting philosophy.

4] Describe your means of motivation/discipline.

5] Describe any differences of parenting styles.

6] Describe your communication styles.

7] How are decisions made?

8] Describe any current significant medical problems you, or other family members are dealing with.

9] What concerns do you have with any other family member?

10] Describe the family's support system.

11] Describe your family's involvement with outside activities.

12] How large of a role (if any) does religion play in your family?

13] Describe your family's lifestyle.

Parent/Guardian Signature

Date

If you have any additional information you would like to share, Please add on the other side of the page or on a separate page any other information you would like me to know about you and your situation.

Thank you for completely this detailed information packet. It is helpful for me to have a sense of your child's relationship to her/his parents and other significant people in her/his life. Also, please note that I will also want to meet with you individually to discuss in person your concerns for your child and the goals you have for her/his treatment. Also, please recognize that your child, as my client, has rights and my role as the therapist, in working with your child is to develop a therapeutic alliance that supports your child's healing. However, that being said, please fell free to contact me to give updates regarding your child's behaviors and coping strategies that may be helpful in my work with your child. I encourage parent input in a manner that can benefit the child's healing process.

Again, thank you for putting your trust in me to work with your child.

Connie L. Clark, LCPC, NCC, CGRS, SEP

Additional Comments Page: Please feel free to share any additional comments such as Goals you may have for your child [though recognize they may be different than the child's goals], Hopes, concerns, etc. that were not addressed/covered in the questionnaire